





## Warmest greetings from Aimee and Maria

The weather is getting warmer, the days longer and summer is almost here. It's another season where we can create lovely experiences for our residents. Today's magic moments become tomorrow's precious memories.

Millvale House Levin acknowledges all families and visitors who have been supportive and understanding of our visiting guidelines and the staff who have been vigilant in ensuring our residents and themselves remain safe during this time of COVID-19.

Our new Clinical Manager Aimee has commenced the role in August this year. Aimee's dedication to caring for people in need aligns with her goal to work in a role that provides value and meaning to every individual in need of her care. As Clinical Manager, she is committed to leading our team to provide quality care in a compassionate environment. We would also like to welcome back our Registered Nurse Kris, who returned temporarily to the Philippines to spend time with his family. Kris has been with us here at Millvale for a few years now. In addition, we welcome Jeremy, our new cook, who is going to work with Arthur in preparing delicious and homely meals for our residents.

We would like to thank all those EPOAs who took the time to complete and return our recent survey. Your feedback is invaluable and so much appreciated. We will be collating the responses and raising Quality Improvements to address any issues identified. Please remember that any specific concerns which may arise from day to day should be addressed personally with us as soon as possible.

Now that we've opened up our Haumaru lounge, residents have been enjoying the bigger space. Our regular activities have been taking place and our residents are enjoying arts and crafts, puzzles, ball games and watching movies and the news. We also just recently started holding a church service every Sunday. Our lawn has been well maintained thanks to our hardworking resident Barry, who always loves spending time tending our lawn and garden area. As the sky gets bluer and weather gets warmer, our residents can enjoy more of the garden walks and afternoon tea outdoors. Nothing beats a good BBQ lunch in summer weather which has become a tradition here at Millvale.

As we approach December, our residents and staff participate in traditional activities related to the season. It is always fun to put up the Christmas tree together and make some decorations and holiday cards. We are all excited to celebrate this joyous season with the presence of our family and friends, spending time with love ones bringing each of us closer with one another. The Millvale House Levin family is looking forward to a special afternoon with you all at our upcoming Christmas Family Gathering on the 17th December, and warmly invite you to attend.

In closing, our diversional therapist Christy would like to share some of the 'magic moments' which make our work with residents so special.

One of our ladies twice now, has taken the cup from my hand when assisting with her pre-dinner drink to drink by herself. Another resident has started to talk to me on rare occasions. Apparently, she does not speak with everyone and has taken almost 1 year to speak with me.

An activity that the residents love is playing with balloons. Even usually unresponsive residents cannot resist the balloons. We also have several residents who like the daily trivia in the newspaper. They sometimes will request things to do, like playing catch with the big rubber ball or having the newspaper read aloud.

We thank you for sharing your precious loved ones with us, and wish you a wonderful festive season and 2023.

## We do things differently, and it works.

We most warmly invite you to join us for our Christmas Gathering on Saturday 17<sup>th</sup> December from 2.00-3.00 pm



Barry takes great pleasure in assisting us with the maintenance of our lawn and gardens



Residents enjoy participating in interactive music sessions together

## Happy Christmas from Andrew Sheard

I always look forward to this time of year in our homes. The sounds of kids' chitter chatter as they visit their relatives, and the faces of residents, staff and families alike lighting up as they greet each other or prepare some food or a Christmas tree for celebrations.

It is a time to focus on the people we love and care for most, and often that helps to put the worries and issues of the past year into perspective.

It is always a special time for my family as well. The sense of wonder, excitement and anticipation from our children makes the stresses of getting everything done at this time of year so worthwhile.

We've recently finished working on a new website and we'd love you to have a look. We're really proud of how it's looking as it reflects what's important to us – the people we care for, their families, our staff, the special times we have together, and most of all the freedom to be ourselves within the home. These are the things that make residents and their whānau feel truly at home.

We would like to thank all the residents and families who gave their permission for us to use their photos or the photos of their loved ones. We think the photos on the website reflect the people who make our homes special and we are very grateful that we're able to use them.

Please do let us know what you think and if there is anything else you'd like to see on the website, which you will find at https://www.dementiacarenz.co.nz/

As this is our last newsletter of the year. I would like to pay tribute to our staff teams.

I'm sure you will have heard the issues we have had in aged care with staff shortages in particular over the past year or so. This, combined with resident and staff illness from COVID-19 and other causes, has made it an incredibly challenging year.

We are very fortunate to have such great and loyal teams that have helped us to navigate through these challenges and continue to provide such loving care to residents.

Thank you all for your patience with COVID-19 closures and restrictions. We know it has been difficult with COVID-19 cases and our homes being closed at times while we have managed those cases.

It is not easy balancing the need to reduce transmission of COVID-19 with the need for you to see your loved one and their need to see you. We really appreciate you respecting our decisions around this and helping to keep our home as safe as possible.

All of these challenges make celebrating this time of year even more special and important.

I wish each and every one of you a very happy Christmas.